



**Diane Garvin**

*Travel Consultant*

*Specializing in Leisure Group Tours*



*not just for vegetarians!*

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# Spain & Portugal Active Veggie Tour

**TRAFALGAR**  
rediscover the romance of travel.

## Highlights

- First Class accommodation includes twin-bedded rooms with private facilities, all hotel services charges and tips, baggage handling fees (one bag per person) and local taxes
- Overnights in Madrid, Granada, Costa del Sol, Seville and Lisbon
- 8 Buffet Breakfasts
- 6 Vegetarian Dinners including local restaurant dinner in Madrid, Seville and Fado Dinner in Lisbon
- Services of a professional Tour Director throughout
- Licensed local Guides in Madrid, Toledo, Granada, Seville and Lisbon
- Touring by luxury air-conditioned coach with reclining seats throughout.
- Guided walking tours and 2 to 3 hour hikes
- Roundtrip transfers - Group arrival transfer in Madrid and Group departure transfer in Lisbon (one transfer per direction)
- Entrance fees to Alhambra & Generalife Gardens in Granada, Cathedral and Giralda Tower in Seville

Land Only\*

Sep 15-23, 2010

**Twin Basis \$1849**

CAD Per Person sharing (plus taxes)

\* Pricing based on land only and double occupancy.

**Please Note:** Deposit of \$250.00 non refundable per person at time of booking.

*Send me an e-mail for  
a copy of a delicious  
vegetarian recipe:*

*Almond Sesame Loaf!*

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# Itinerary

## Sept. 15 - Arrive Madrid (2 nights)

Welcome to Madrid, the Spanish capital city! Time to relax or explore this lively Spanish capital. Later enjoy a Welcome Drink with your Tour Director and fellow travelers.

## Sept. 16 - Madrid sightseeing & Hiking

This morning our guided sightseeing tour introduces us to Madrid which King Philip II made the capital of the empire in 1561. We drive along the leafy avenues to see the statue of Cervantes' fictional hero, Don Quixote, in the Plaza de España. Then we continue past the Cibeles Fountain and the Parliament, and cross the Puerta del Sol. Finally we see the Royal Palace, the largest royal palace in Western Europe with more than 2,800 rooms, which was the official residence of King Juan Carlos and the Royal Family, and is now used only for state occasions. The Royal Family choose to live in the smaller Palacio de la Zarzuela on the outskirts of the city. This afternoon our included hike will reveal even more of this fascinating region of Spain! Tonight we enjoy dinner together at a local restaurant. **BB, HD**

## Sept. 17 - Madrid – Toledo – Granada

We travel south to Toledo, former capital of Spain but now the capital of the region of Castile. On our arrival a guided walking tour highlights the Jewish Synagogue, which is one of the oldest in Europe, and the church of Santo Tome which houses one of the masterpieces of El Greco. Then we travel through the wine producing centre of Valdepeñas, before crossing through La Mancha where Don Quixote tilted at windmills as his faithful servant, Sancho Panza, looked on. Later we arrive in hilltop Granada with wonderful views of the Sierra Nevada Mountains. This evening we have dinner included in our hotel. **BB, D**

## Sept. 18 - Granada – Costa del Sol (Torremolinos)

Our morning guided sightseeing tour visits the Alhambra Palace, Spain's most magnificent example of Moorish architecture and the former residence of the Moorish monarchs of Granada. The name means 'the red fortress' and the palace and fortress complex occupies a hilly terrace on the southeastern border of the city. We also see the exotic water gardens of Generalife, the royal summer residence, where you can enjoy fine views over the town and the hills beyond. Then we depart for the coast and the Costa del Sol, one of the most popular resort areas of Europe, where tonight you may wish to sample the nightlife of this lively area. **BB**

## Sept. 19 - Costa del Sol (Torremolinos) Hike – Gibraltar – Seville (2 nights)

A walking tour of the Costa Del Sol area this morning before we board our coach and drive along the Costa del Sol to La Linea where we cross to the Rock of Gibraltar, the British overseas territory located near the southernmost tip of the Iberian peninsula and overlooking the Straits of Gibraltar. The territory of Gibraltar was ceded by Spain to Great Britain in perpetuity in 1713 under the Treaty of Utrecht. Then we travel through the sherry wine region of Jerez to Seville. **BB, D**

## Sept. 20 - Seville sightseeing & at leisure

Seville is the artistic, cultural and financial capital of southern Spain and the capital of Andalusia. The city is situated on the River Guadalquivir and our morning sightseeing with the local guide is dominated by the cathedral with its Bell Tower, where we will see the tomb of Christopher Columbus. We will also see the pools and fountains of Maria Luisa Park and enjoy a walking tour of the Jewish quarter. Our walk is extended with a hike this afternoon in Seville. Tonight we enjoy dinner together at a local restaurant. **BB, HD**

## Sept. 21 - Seville – Lisbon (2 nights)

Our journey today takes us via the 'Jabugo' (ham centre) of Spain and past mighty castles. Later we enter the Alentejo region of Portugal which is commonly known as the bread basket of Portugal, a region of vast open countryside with undulating plains and rich fertile soil. All the major towns are mainly reliant on agriculture and there are several types of cheeses, wines and smoked hams and sausages which are produced in this region, as well as the cultivation of cork forests. Later we reach the capital, Lisbon, where we stay for the next two nights. Dinner together at our hotel this evening. **BB, D**

## Sept. 22 - Lisbon sightseeing & Hike

Our guided tour shows us the Monument to the Discoveries which was inaugurated in 1960 during the celebrations of the 500-year anniversary of the death of Henry the Navigator. It commemorates the maritime expansion of Portugal as well as many heroes of Portuguese history including Vasco da Gama and Pedro Álvares Cabral, the discoverer of Brazil. Then we see the beautiful suspension bridge across the Tagus, which looks like the Golden Gate Bridge, and finally the Belem Tower which was built in the early 16th century to commemorate Vasco da Gama's expedition. This defensive yet elegant construction has become one of the symbols of the city, a memorial to the Portuguese power during the age of the great discoveries. In 1983 it was classified as a UNESCO World Heritage site. This afternoon a guided hike. Tonight we enjoy dinner while listening to the haunting sounds of Fado with our Tour Director and fellow travelers. **BB, HD**

## Sept. 23 - Lisbon – Canada

This morning after breakfast it is time to bid farewell to our Tour Director as our tour comes to an end. **BB**

**Please Note:** Itinerary is subject to change.

Key to Dining Codes: **BB** = Buffet Breakfast, **D** = Dinner, **HD** = Highlight Dinner